

SydFit Health Centre

12 Rounds to Creating a Culture of Excellence

Everything we do, we do together,
to create, maintain and promote a
Culture of Excellence

Excellence means:

- Round 1 Create engaging, healthy, and empowering experiences for our members and staff.
- Round 2 Develop world class athletes who value community, and are excellent in their sport in all ways: physically, mentally, emotionally and spiritually.
- Round 3 Grow our business through ethical and responsible methods.
- Round 4 Value and protect all our relationships by treating each other with respect, setting boundaries, asking for help, giving assistance and making thoughtful choices.
- Round 5 Work together to create an atmosphere of positive energy and openness, to grow by giving authority along with responsibility, and hold each other accountable.
- Round 6 Understand it's our job, to creatively inspire our members and each other.
- Round 7 Provide tangible and realistic opportunities for career growth and personal advancement.
- Round 8 Invest in the resources required to meet our financial and structural goals.
- Round 9 Seek and hire knowledge and talent from the best persons who believe in, and act in accordance with the Culture of Excellence. We respectfully disengage with those who do not.
- Round 10 Recognize that direct communication founded in respect is always the preferred method of problem solving and progress.
- Round 11 Ensure fun and play is integrated into our work, and not be afraid to take a calculated risk.
- Round 12 Contribute to our community by sharing our skills, expertise, and positivity.

"Champions aren't made in gyms. Champions are made from something they have deep inside them-a desire, a dream, a vision. They have to have the skill, and the will. But the will must be stronger than the skill." - Muhammad Ali