

# Boxing by Syd Vanderpool

## SYD FIT YOUTH PROGRAM SCHEDULE

### Beginner Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Syd Box Youth 4:30 -5:30 pm		Syd Box Youth 4:30 – 5:30 pm			Syd Box Tiny Champions 1:00 – 1:15 pm
	Syd Box Young Champions 6:30 – 7:30 pm		Syd Box Young Champions 6:30 -7:30 pm		

### Advanced Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Syd Box Youth 3:30 -4:30 pm		Syd Box Youth 3:30 – 4:30 pm			